

2018 Yilan Meihua Lake National Triathlon Championship

Competition Regulations

1. Directed by : Sports Administration. Ministry of Education
2. Organizer : Yilan County Government 、 Chinese Taipei Triathlon Association
3. Co-organizer: Yilan County Sports Association Triathlon Sports Committee 、 Republic of China Iron Man Sports Association
4. Race Date: 2018/09/22 、 23 (Sat & Sun)
5. Event Venue: Meihua Lake Scenic Area, Dongshan Township, Yilan County
6. Race Item:

Little iron man / Double little & big iron man partner

- 1). Little iron man / Double little & big iron man partner-Sep.22
- 2). Standard Distance-Sep.22
- 3). Standard Team Relay-Sep.22
- 4). Sprint Distance-Sep 23
- 5). Sprint Team Relay-Sep 23
7. Competition method: Race sequence : Swim → Bike → Run

1). Standard distance time limit and Standard Relay time limit :

Swim: 1.5km (60min) 、 Bike: 40km (100min) 、 Run : 10km (80min) ,
Total: 51.5km (4 Hours) 。

(Swim: 60min 、 Bike: 100min 、 Run: 80min , Total: 4hrs) 。

2). Sprint distance and Sprint Relay time limit:

Swim: 0.75km (30min) 、 Bike: 20km (60min) 、 Run: 5km (40min) ,
Total: 25.75km (2 hours & 10 min) 。

(Swim: 30 min 、 Bike: 60min 、 Run: 40min , Total: 2hrs & 10min.)

3). Little iron man distance and time limit:

Swim : 0.2km (10min) 、 Bike : 5.1km (30min) 、 Run : 2.2km (30min) ,
Total: 7.4km (1hr) 。

(Swim: 10min. 、 Bike: 30min. 、 Run: 30min. , Total: 1hrs & 10min.)

4). Double little & big iron man partner distance and time limit

Run: 2.2km (30min) 、 Bike : 5km (30min) 、 Run : 2.2km (30min) ,
Total : 9.4km (1hours 30min) 。

(Run: 30min. 、 Bike: 30min. 、 Run: 30min. , Total : 1hr & 30min.)

※In order to maintain the safety of the players and the quality of the competition, and take into account the rights of the people, this competition will be closed according to the time limit, please strengthen the practice and enhance the ability. To enjoy the fun of game.

※According to international regulations, the actual competition distance can be increased or decreased by 5% due to environmental factors.

8、Competition process：

Date	Time	Activity
9/21(Fri)	Standard Distance & Team relay athlete registration	
9/21(Fri)	16:00-18:00	Little iron man registration Standard Distance & Team relay athlete registration *Place: (No.1, Huanhu Rd., Dongshan Township, Yilan County 269, Taiwan (R.O.C.))
9/22(Sat)	Little iron man race	
	06:30-07:30	Little iron man: athlete registration (Post-register)
	06:45-07:45	Little iron man: opening of transition
	07:15-08:15	Little iron man: athlete roll calling
	07:50-08:00	Opening and competition description
	08:00	Little iron man/iron man partner: Start *Place: No.22, Ln. 123, Dapi 2nd Rd., Dongshan Township, Yilan County 269, Taiwan (R.O.C.) -Small arch
	08:20	Little iron man: Start (30 people one step into the water)
	09:00	Swimming completion estimate
	09:30	Free car completion estimate
	10:00	Road run estimate
	10:30	Little iron man: Award Ceremony
Date	Time	Activity
9/22(Sat)	Standard Distance & Team relay	
	07:00-08:00	Standard Distance & Team relay Athlete registration *(Post-register)
	07:30-08:00	Elite group Athlete *(Post-register bike) (Those who fail are not allowed to attend the race)
	07:30-08:30	Standard Distance & Team relay:

		Opening of transition
	08:30-09:30	Standard Distance & Team relay: Athlete roll calling
	09:30	Opening and Competition description
	10:00	Standard Distance: Start
	10:25	Team relay: Start
	12:20-14:00	Athlete arrives at the destination
	13:30-14:30	Pick up the car (The referee will announce the time, depending on circumstances)
	14:30	Awards and lottery
	16:00-18:00	Sprint Distance: Start *Place: (No.1, Huanhu Rd., Dongshan Township, Yilan County 269, Taiwan (R.O.C.))
Date	Time	Activity
9/23(Sun)	Sprint Distance & Sprint Team Relay	
	06:15-07:15	Sprint Distance & Sprint Team Relay *(Post-register)
	06:30-07:30	Sprint Distance & Sprint Team Relay Athlete: Opening of transition
	06:45-07:45	Sprint Distance & Sprint Team Relay athlete: roll calling
	07:45	Opening and Competition description
	08:00	Sprint Distance: Start
	08:10	Sprint Team Relay: Start
	09:10-10:40	Athlete arrives at the destination
	10:30-11:30	Pick up the car (The referee will announce the time, depending on circumstances)
	11:00	Awards Ceremony and lottery

9. Insurance

1). **Public accidental insurance:**

Coverage accident death by NT\$3,000,000. Every accident medical deductible of \$ 2,500, claims limit NT\$30,000. (EX: Medical costs, NT\$30,000, NT\$2,500 deductible, claims NT\$27,500).

2). **Group accident liability insurance:**

*Over 15 years old (including 15 years old), the coverage of the accident was NT

3 million , and the accident medical claim limit was NT 300,000 .

*Under 15 years old (excluding 15 years old), the coverage of the accident was NT 2 million , and the medical claim limit was NT 200,000.

3). **Please have your own insurance when it's needed.**

4). **CTTA will help athletes to do the indemnity work and acquire reimburse expense but won't offer any damage compensation or sympathy claim.**

5).**Please have your Health Insurance Card with you to the race**

6).**The insurance company, "especially not guaranteed" items:**

(1)Personal illness resulting in injuries.

(2)Symptoms of cardiovascular due to personal physical or own it, such as shock, heart disease, heat exhaustion, heat stroke, mountain sickness, seizures, dehydration.

(3)Participants, depending on their physical condition within their means, should obtain "adequate sleep" before the day, finish the meal "two hours before the game," if feeling uncomfortable, immediately "stop the game" and ask for assistance, if there is insistence to continue competing and eventually leading to a heat stroke (heat exhaustion) very dangerous (insurance companies would not accept any claims). There will be on-site paramedics to perform emergency medical care, illness caused by the onset of illness participant itself, not within the scope of the organizer of insurance, the organizers only cover claims for injuries caused by "public accident".

10. **Accommodation**

If athlete need accommodation, please log in to the accommodation information website.(<https://travel.yilan.tw/>)

11. **Lucky draw:**

1). At the time of the awards ceremony, a " Lottery activity" was held, and there were a lot of prizes on the spot.

2) The voucher will be redeemed on the same day, and the recipient who has not yet arrived at the end of the event will be deemed to have given up.

3). Lucky draw and prizes are sponsored by the General Assembly and manufacturers offer free sports events for entertainment, please jointly safeguard the rights and interests of the parties and the quality of the tournament, a private "resale" is not allowed, if there is resold behavior, whether there were profits obtained,manufacturers have recourse rights.

12. **Group description :**

Special regulations:

1. Athlete must first adapt to the outdoor water swimming mode to participate in the competition, because the sea, pool water, lake water is different, in order to avoid danger.

2. Those who carry torpedo buoys are limited to the buoy group and are launched in the last step. However, there is no independent medal in the buoy group and they are not ranked independently. The athlete will be included in the original group ranking (for example, the age is in accordance with the age group the S30, its score is included in the S30 group ranking) . In addition, the torpedo buoy is a life-saving tool, it is forbidden to hold the torpedo buoy to kick the water forward. In order to take into account the personal safety of the player, the referee can stop the athlete from continuing the game depending on the situation.

3. Relay race: Each person is limited to one team. If one team is under three, the team will not be eligible for award qualification.

4. Please enroll the student ID card to the Association +886-2-8772 3348 for the National Middle School and High School Group who apply for the “Qualifying Tournament of Students for sports Achievements “

Standard Distance

1). Elite group:

(1) Men's Elite Group: (with personal best score within 2 hours and 30 minutes) [Bike must pass the inspection]

(2) Women's Elite group:(with personal best score within 3 hours)
[Bike must pass the inspection]

Remark: This event is scheduled for the National Championships and ITU Intercontinental Ranking Points. The top five elites in the elite group will receive ITU points (Limited Taiwan athlete who are eligible to apply):

First place: 100 points / second place: 93 points / third place: 86 points / fourth place: 80 points / fifth place: 74 points

2). Men's age group (11 groups) :

- (1)M18:18~24yrs (Born from 83 to 89 in the Republic of China) (1994~2000)
- (2)M25:25~29yrs (Born from 78 to 82 in the Republic of China) (1989~1993)
- (3)M30:30~34yrs (Born from 73 to 77 in the Republic of china) (1984~1988)
- (4)M35:35~39yrs (Born form 68 to 72 in the Republic of china) (1979~1983)
- (5)M40 : 40~44 yrs (Born from 63 to 67 years of the Republic of China) (1974~1978)
- (6)M45 : 45~49 yrs (Born from 58 to 62 years of the Republic of China) (1969~1973)
- (7)M50 : 50~54 yrs (Born from 53 to 57 years of the Republic of China) (1964~1968)
- (8)M55 : 55~59 yrs (Born from 48 to 52 years of the Republic of China) (1959~1963)
- (9)M60 : 60~64 yrs (Born in the Republic of China from 43 to 47) (1954~1958)

(10)M65 : 65~69 yrs (Born from 38 to 42 years of the Republic of China)(1949~1953)

(11)M70:Over70 yrs (Born in the Republic of China 37 years ago) (before 1948)

3). Women's age group(5groups) :

(1) F18:18~24yrs (Born from 83 to 89 in the Republic of China) (1994~2000)

(2) F25:25~29yrs (Born from 78 to 82 in the Republic of China) (1989~1993)

(3) F30:30~39yrs (Born from 68 to 77 in the Republic of China) (1979~1988)

(4) F40:40~49yrs (Born from 58 to 67 in the Republic of China) (1969~1978)

(5) F50:Over50 yrs (Born from 57 in the Republic of China)(Born & before in 1968)

Standard Team Relay

◆Over18yrs (Born before the Republic of China 89 years ago) (before 2000)

1. Men's group 2. Women's group 3. Mixed group

Sprint Distance

1). Men's Group :

(1) S13< Junior high school-test group>:13~15yrs (Born from 94 to 92 in the Republic of China) (2003~2005)

S13_:< Junior high school-test group>

(2) S16< Senior high school-test group >:16~19yrs (Born in the Republic of China from 88 to 94) (2000~2004)

S16_< Senior high school-test group >

(3) S20:20~29yrs(Born from 78 to 87 in the Republic of China)(1989~1998)

(4) S30:30~39yrs (Born from 68 to 77 in the Republic of China(1979~1988)

(5) S40:Over40yrs(Born in the Republic of China 67 years ago) (before 1978)

2). Women's elite group :

(1) W13< Junior high school-test group > : 13~15yrs (Born in the Republic of China from 1992 to 1994) (2003~2005)

W13_ Junior high school-test group

(2) W16<Senior high school-test group > : 16~19yrs (Born from 89 to 93 in the Republic of China) (1999~2002)

W16_ Senior high school-test group

(3) W20 : 20~29yrs(Born from 78 to 87 in the Republic of China)(1989~1998)

(4) W30 : 30~39yrs (Born from 68 to 77 in the Republic of China) (1979~1988)

(5) W40 : Over40yrs (Born in the Republic of China 67 years ago) (before 1978)

3).Torpedo buoys group: (For the temporary formation, see the 20article for 2)

Sprint Team Relay

1). Men's group 2). Women's group 3). Mixed group 4). Torpedo buoys group

◆Over13yrs (Born before the Republic of China 94 years ago) (Before 2005)

Little iron man Age-old individual group:

7 yrs (Republic of China 100/1/1~12/31 、 Born in 2011)

8 yrs (Republic of China 99/1/1~12/31 、 Born in 2010)

9 yrs (Republic of China 98/1/1~12/31 、 Born in 2009)

10 yrs (Republic of China 97/1/1~12/31 、 Born in 2008)

11 yrs(Republic of China 96/1/1~12/31 、 Born in 2007)

12 yrs(Republic of China 95/1/1~12/31 、 Born in 2006)

Republic of China (94/9/1~12/31)-12 groups of men and women.

Double little& big iron man partner

7-12 years old men and women are not grouped with relatives over 18 years old.

13.Awards and Prizes

Standard Distance

1.The top 10 men's elite groups, awarded trophies, bonus and prizes:

The first place is NT30,000. Sixth place is NT8,000.

The second place is NT20,000.Seventh place is NT7,000.

The third place is NT15,000. Eighth place is NT6,000.

The fourth place is NT10,000. Ninth place is NT5,000.

The fifth place is NT9,000. Tenth place is NT4,000.

2.The top 10 women's elite groups, awarded trophies, bonus and prizes, 6 to 10 medals awarded:

First place NT10,000.

Second place NT7,500.

Third place NT6,000.

Fourth place NT5,000.

Fifth place NT4,000.

3.The top 3 of the age group will be awarded trophies, bonuses and prizes, and 4 or 5 will be awarded trophies (excluding the special group of remarks 1.)

First place NT 3,000 and trophy.

Second place NT 2,000 and trophy.

Third place NT 1,000 and trophy.

Fourth place trophy.

Fifth place trophy.

4. The top 3 of the standard relay teams will receive trophies, bonuses and prizes, and the 4th and 5th will be awarded trophies.

The first team won a prize of NT 5,000 and three trophies.

The second team won a prize of NT 4,000 and three trophies.

The third team won a prize of NT 3,000 and three trophies.

The fourth team won three trophy.

The fifth team won three trophy three.

Sprint Distance

The top 3 teams in each group will be awarded trophies and prizes.

(Women's W40 group will not receive bonuses and prizes).

The first prize is NT 4,000 and the trophy.

The second prize is NT 3,000 and the trophy.

Third place prize is NT 2,000 and trophy.

Fourth place trophy.

Fifth place trophy.

Sprint Team Relay

Top 5 teams in each group awarded trophies, bonuses and prizes

The first team won NT 4,000 and three sides of the trophy

The second team won a prize of NT3,000 and three sides of the trophy

The third team won a prize of NT 2,000 and three sides of the trophy

Fourth place team trophy three sides

The fifth team trophy three sides

Little iron man

12 groups of men and women

The top 5 of each group in the **age group** will be awarded medals, bonuses and prizes, and the 6th and 10th will be awarded medals.

First place NT 2,000

Second place NT1,500

Third place NT800

Fourth place NT700

Fifth place NT600

Double little& big iron man partner

7-12 years old are not grouped

Family fun games are promoted and souvenirs are available to all contestants.

Remarks:

1. Standard Distance: men M60, M65, M70, women age for 5 groups; Sprint
Distance: S13、S16、women W13 age group if less than 10 people do not set a bonuses, only the first three medals are awarded according to the ranking, the remaining groups are not full 10 people will be included in the lower grades of the previous group, and the relay will be less than 10 groups, being awarded according to the ranking for top 3.
2. More than 100 athletes from each group in the individual competition will be admitted to the top 10.
3. Please signing the bonus to the on-site service team (deduct the various incomes according to the Republic of China tax law).
4. The winners must personally go on stage to receive the award to show respect, if the winners do not go on stage, the giving out of awards and money would be temporarily halted, you would have to contact the organizers after the game to receive them, but there would also be an administrative processing fee of NT\$500. (If there is mailing involved, postage and handling fee of NT\$ 500 shall be paid by participants.)
5. This competition is designated for the 2018 academic year of the Association. The designated cup competition for good student guidance, but the type of sports in the national secondary school games or secondary school in the school sports league and other competitions listed as the type of competition, this competition shall not be listed as a student with excellent athletic performance.
6. Sprint Distance S16, W16_ high school test group and the S13, W13_National Middle School test group are listed as the sixth article of the sixth-grade stipulations of the school counseling method for the students with good performance in the middle school or above. The Republic of China Senior Secondary School Sports Association or the whole country of individual sports associations stipulate that those who have passed the competitions approved by the headquarters in the first two sports types or projects of the school year, whose scores meet the following requirements, may apply for the test:
 - 1) The number of teams (person) is more than 16. The top eight will be in the optimal group.
 - 2) The number of teams (person) is fourteen or fifteen, and the top seven in the optimal group.
 - 3) The number of teams (person) is twelve or thirteen, and the top six will be in the optimal group.
 - 4) The number of teams (person) is ten or eleven, the top five of the optimal group.
 - 5) The number of teams (person) is eight or nine, and the top four in the optimal group.
 - 6) The number of teams (person) number six or seven, the top three in the optimal group.

- 7)The number of teams (person) number four or five, the top two in the optimal group.
8)The number of teams (person) is two or three, the former one is the best level group, but the actual number of participants is only one, the (group) competition is not processed.

According to the "Measures for the Advancement of Secondary Schools for Students with Good Performance in Secondary Schools", they apply for the examination and study, and the remaining groups do not have the qualifications for examination (the relevant measures and admission requirements are based on the latest announcement by the Ministry of Education).

7. The top 10 of the little iron man in each group will be awarded medals and certificates. (The number of people in each group reached 51~100, and the number was increased to the top 15 in each group. The number of each group reached 101 or more and was awarded to the top 20).

14. Registration method

1).Registration limit:

1,500 people in the standard distance, 200 in the standard relay race, 1,200 in sprint race, and 200 in the sprint team relay race. (The General Assembly reserves the right to be flexible and the “List of athletes” is subject to the announcement of the official website of the association).

2). Registration time:

from now until 8/23 or full.

3) .Eligibility for registration:

All the following items must be accompanied by a parent or guardian's consent form if they are under the age of 20.

* The whole race must be born before the Republic of China in Republic of China 89 years (excluding the elite group).

*Sprint Distance must be born before the Republic of China in Republic of China 94years.

4).Registration fee:

*Special offers are available from now until 2017/10/8, before 17:00, you can enjoy the following benefits:

① Standard Distance : NT 2,150 per person (including group medical insurance NT150/person).

②Standard Team Relay :NT 3,450 per person(including group medical

insurance NT450/team).

③ Sprint Distance :NT 1,750per person(including group medical insurance NT150/person).

④ Sprint Distance Relay: NT 2,850(including group medical insurance 450/team).

*Early Bird Program: Those who complete the payment registration from October 9th to December 31st, 2017 can enjoy the following benefits:

① Standard Distance : NT2,350(including group medical Insurance NT150/ person).

② Standard Team Relay : NT3,750(including group medical insurance NT450/team).

③ Sprint Distance :NT1,950(including group medical insurance NT150/ person).

④ Sprint Distance Relay NT3,150(including group medical insurance NT450/team).

* **Single registration**: Completion of the application for registration before the end from January 1st to August 23th, 2018, the payment standard is as follows:

① Standard Distance : NT2,350(including group medical Insurance NT150/person).

② Standard Team Relay : NT4,050(including group medical insurance NT450/team).

③ Sprint Distance : NT2,150 (including group medical insurance NT150/person).

④ Sprint Distance Relay NT3,450(including group medical insurance NT450/team).

⑤ Small iron age group NT800 (including group medical insurance NT30/person).

⑥ Double little& big iron man partner NT800(including group medical insurance NT180/team).

* **Single registration Standard distance or Sprint Distance**: "Enroll at the same time" for more than 20 people and enjoy 15% discount.(But don't have discounts on early bird programs at the same time).

***Special offer package**: It will be announced separately, please pay attention to the official website of the Republic of China Triathlon Sports Association.

* **Registration procedure**:

※ In order to comply with the Personal Data Protection Act, this registration information is only available to the organizer for this event.

1).Online registration:

*Please enter your personal or group profile and get a dedicated virtual payment account on the online registration form.

*Please use the online ATM online payment or physical ATM to complete the registration process (unpaid fees are treated as unfinished registration; please note the association website after registration website: **(<http://www.ctta.org.tw>) /front/bin/home.phtml**). The "List of athlete" of the announcement confirms that the registration is successful and the information is correct. The change will not be accepted after the registration deadline.

2).If you have completed the registration process. (You want to give up the competition), please provide:

*Athlete name and ID number (Avoid the same name)

* Refund account:

①Account name

②Bank (or post office)

③Account number (receipt fee NT 200), E-mail the information to

ctta99@ms34.hinet.net. No refund will be given after the deadline.

3).In the event of force majeure such as natural disasters during the event, the suspension will be announced by the association, the adjustment of the date of the competition or the refund will be announced by the association on the website.

15. Athlete giveaway :

1.Standard Distance 、 Standard Team Relay and Sprint Distance Athlete:

- 1).A lunch box (received with coupons).
- 2).A limited edition exquisite brand-name commemorative shirt.
- 3).One lottery ticket on the day of the competition.
- 4).The "exquisite gift" provided by the sponsoring company.
- 5). Those who complete the competition within the time limit will be given a "Complete Medal" and "Completion Certificate".
- 6). Public accidental insurance on the day of the competition.

2.Sprint Distance Relay (Per person)

- 1).A lunch box (received with coupons).
- 2).A limited edition exquisite brand-name commemorative shirt.
- 3).One lottery ticket on the day of the competition.

- 4).The" exquisite gift" provided by the sponsoring company.
 - 5).Those who complete the competition within the time limit will be given a "Certificate of Completion".
 - 6). Public accidental insurance on the day of the competition.
3. Iron man partner athlete (Per person)
- 1). A lunch box (received with coupons).
 - 2). A limited edition exquisite brand-name commemorative shirt.
 - 3). One lottery ticket on the day of the competition.
 - 4). The" exquisite gift" provided by the sponsoring company.
 - 5). Those who complete the competition within the time limit will be given a "Certificate of Completion".
 - 6). Public accidental insurance on the day of the competition.

16.Notes:

1).The list of entries will be announced on the website of the Association. For individual participation, please print the notice on the Internet. The notice will be sent by the Association one week before the group registration, and the registration will be reported.

2).Chip to receive bike

①It can not be received the chip by others when it is register.

②Athletes after the game with the chip (including the belt, if it is missing, the cost will be NT 200). To the "Transition Area" to receive the car.

③If you have lost it, please pay NT1,000 in advance to the service team, and then receive the car with bib number and the receipt.(Small iron man compares) .

(Little iron man use the same rule)

3).To maintain the athlete security, all participants shall not use "wheel diameter of less than 25 inches," of freedom car, but we also cannot install the "horns", such as the use or installation of timing car "than the rest of the length of the cross-section of the brake," must take into account other player safety, such as causing harm to others and to be negatively related to legal liability.

(Little iron man vehicle regulations, see the article11)

4).Sprint Distance & Standard Distance age group, pace line is absolutely forbidden. If there is any violation, the first penalty is 2 minutes, the second time the qualification is cancelled and transferred to the Disciplinary Committee. The most important one is to prohibit one year of participation and announce the violation video.

5).Participants are prohibited to conduct commercial propaganda activities in an improper manner, such as holding a product highly before reaching the end, display manufacturers' flags, or carrying flags by vendor or products when receiving an award, failure to comply will be transferred to the Arbitration Committee General

Assembly. The most serious punishment would be to cancel and take back the awards, we hope that participants are able to comply with this in order to maintain a good image.

6).If a participant had broken a rule and refused to obey to the referee's instructions, hence undermining the fairness of the competition, obstructing the flow of the activities or creating problems, we would have the right to reject future registration.

7).The live scene of the General Assembly's "**Transition Area**" is for the participants to place personal items, a "Cloakroom Area" is also set up to provide participants cloakroom service/each NT\$100 per pack (such as the use of "Triathlon CTTA bag" free of charge).

8).It is forbidden for athlete to take the initiative to participate in the competition. If they are reported and verified. We will cancel the competition results and the the awards, neither party will participate in the Iron Man Competition held by the Association in the next year and participate in the competition on behalf of the Association. Claims and assistance cannot be obtained in the event of an accident.

9).U bike is a public transport, not a sport equipment. It is forbidden for athlete riding U bike to attend competition. We will cancel the qualifications if athlete use it. The caused by the athlete is at his own risk.

10).The association has the right to broadcast, display or publish the videos, photos and achievements of the competition on our website 、electronic and planar publications. Participants must agree to the portrait and publish the results and use it for competition/media related promotional activities.

11).Little iron man age group 、iron man partner group athlete use car models:

- ①Tire width is greater than 1.25 inches.
- ②Tires need to have a tire texture.
- ③Use flat handle
- ④Do not install horns.

17. Appeal

1).Controversy of the competition:

If there are clear provisions in the rules or the same meaning, the judgment subject to referee.

2). Grievance Procedure:

If a athlete needs to file a complaint, he or she can formally submit it to the Arbitration Commission of the General Assembly and end with resolution of the

it. When filing complaint, the deposit must be paid in NT\$.3,000. If the Arbitration Commission confirms that its appeal is not established, the security deposit will be used as a fund for the association.

3).In addition to the verbal complaints on the spot, the athlete will complete the formal formalities of the written complaint within 30 minutes according to the regulations. During the competition, the athlete may not question the referee on the spot.

18. Association information:

Chinese Taipei Triathlon Association Contacts:

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Website: www.ctta.org.tw

Email:ctta99@ms34.hinet.net

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